

February 2018

# To Your Health

A Whitney Young Health Newsletter

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## Whitney Young Health Awarded \$50,000 Grant with Capital Roots

Whitney Young Health and [Capital Roots](#) are proud to announce that we have been awarded a \$50,000 grant from the [Community Foundation for the Greater Capital Region](#) and the Hortense and Louis Rubin Community Health Fund.

This grant will fund Capital Roots' [Veggie Rx](#) program that we collaborate with. The Veggie Rx program provides our patients vouchers to use on Capital Roots' Veggie Mobile so they can buy fresh fruits and vegetables, giving them access to healthy foods they normally wouldn't be able to afford.



*Pictured: Heather Burdo & Molly Ward with Capital Roots' Amy Klein and CFHCR staff at the check presentation.*

## WYH Wears Red to Support Community Health Centers

On February 6th, Whitney Young Health wore red to show Congress it was critical for them to fix the federal funding cliff that was withholding funding for community health centers across the country.

Fortunately, three days later, Congress passed a resolution that restored the Community Health Centers Fund.

Read more about what this means [here](#).



*Pictured: Albany Health Center staff wearing red.*

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## WYH, Assemblyman John McDonad, Meet on School-Based Health Center Advocacy Day

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On February 6th, Whitney Young Health participated in the yearly tradition that is [School-Based Health Center Advocacy Day](#), hosted at the Empire State Plaza.

Attending this year, was Director of Marketing & Developmen, Heather Burdo, Director of Community-Based Programs, Amanda Duff, Director of Pediatrics, Dr. Deborah Vasquez and Nish Sadhak, a WYH board member.

We had the opportunity to meet with Assemblymemeber John T. McDonald, III and discuss the importance of school-based health centers and how WYH's mobile health unit, [Whitney on Wheels](#) is meeting the needs of our patients where school-based health centers aren't accessible.



*Pictured: WYH staff with Assemblymember John T. McDonald, III at School-Based Health Center Advocacy Day.*

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## Whitney on Wheels Expanding to Three Sites This Winter

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A lot of changes are happening with Whitney Young Health's mobile health unit, [Whitney on Wheels \(WOW\)](#) this winter! WOW is expanding their reach to three new sites in the Albany area. Whitney on Wheels will be starting to see patients at the [Interfaith Partnership for the Homeless' Drop-In Center](#) in February.

In March, WOW will start seeing patients from KIPP Tech Valley Primary School, KIPP Tech Valley Middle School and Green Tech High Charter School.

Whitney on Wheels offers primary and preventive services including routine physicals, vaccinations, and health and nutrition counseling. At some locations mobile blood draws are offered. Currently, we visit seven locations throughout the Capital District, ranging from schools to shelters.