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## To Your Health: December 2016

### Barnes & Noble's Annual Holiday Book Drive for Kids

Barnes & Noble at Colonie Center Mall is hosting their annual holiday book drive again this year, an event in which generous customers donate children's books to local charities like Whitney Young Health.

All you have to do is go into the store and pick a children's book of your choosing then bring it to the register to purchase for donation. It's that easy!

For more information, head on over to our blog [here](#).



### The Season of Giving

#GivingTuesday may have come and gone, but the need continues! The holiday season is time for friends and family to show how much they care about one another. It's also an opportunity to help out those less fortunate, even if they are strangers.



You can give the gift of good health this season by donating to our organization. With your gift, Whitney Young Health can provide crucial healthcare needs to those who are under-insured or even have no insurance at all.

All you have to do is visit our donation page [here](#) and make your invaluable gift today.

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## RED Bookshelf Donated to WYH Waiting Room

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A red bookshelf, fully stocked with a wide variety of children's books, has been added to the waiting room at the Albany Health Center through the generosity of the [The RED Bookshelf](#) and the [Sunmark Community Charitable Foundation](#)

The goal is to get the books in the children's hands so they will want to take it home and build their own personal library.

Read more about it on our blog [here](#).



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## One-Day Whitney Boutique Gives Back to Patients

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On November 29th, Whitney Young Health's Customer Service Committee hosted a one-day boutique giving away FREE gently used clothing, household items, children's clothing and toys to local members of the Albany community.

All the items available for this event were donated by WYH employees. The day coincided with #GivingTuesday, which promotes charitable giving at the start of the holiday season.

Click [here](#) to see photos from the event.

